## What is the Sliding Scale?
If you have limited income or a high deductible or co-insurance, you may qualify to pay a reduced price for some services and treatments at MCC. The exact amount you pay depends on your income and family size. This is the “Sliding Scale.” Once you qualify for the Sliding Scale, you can use it for 12 months. If your income or family size changes during those 12 months, you must let us know.

### Example costs
- Medical office visits: $25 - $55
- Mental health services: $15 - $30
- Dental office visit: $50 - $195
- Lab tests: $15 - $30

**NOTE:** No discounts will be provided to individuals and families with annual incomes at or above 201% FPL.

### How to qualify
To qualify, you must bring in proof of your family’s income (*spouse or dependents under age of 21*). You can bring any of the following to show proof:
- Pay stubs
- Tax forms
- Letter from your employer
- Documents showing income from unemployment, SSI, alimony, child support or other sources.

### What if I don’t know my income?
If you don’t know your family’s exact income, you can give us an estimate for 1 month discount. You must bring proof of income to the health center. If you don’t bring proof,, after 1 month, any visit going forward will be full fee.

### Get more help with medical costs!
You and your family may qualify for Medi-Cal, CMSP or other programs. It’s free to apply for these programs, and we can help you apply! **We can help you today, or you can ask us at your next visit.**

### Questions? Contact us:
415-448-1500