



**A Message from
Marin Community Clinics' CEO**
March 22, 2021

Dear Marin Community Clinics Family,

I am writing to you all today about the heartbreaking escalation in violence directed toward our Asian American and Pacific Islander (AAPI) communities. This does not represent the America I believe in.

Post-9/11, people that I personally knew became victims of violence. While I escaped acts of physical violence, I experienced distressing verbal taunts, worried glances, and “random” screenings at airports. With each of these acts, I began to feel like a foreigner in the only country I had known as home.

I mention my personal experience only to say that one never knows when they might be next. Discrimination is not new to our country. Recent discriminatory acts, sometimes violent and perpetrated against our elders, may be tiring and disappointing, but unfortunately not surprising.

That makes it all the more urgent to stand together and say that violence and other expressions of hate are not acceptable. Efforts to intimidate and inflict violence on any person on the basis of race, color, ethnicity, national origin, religion, disability, sex, gender expression, gender identity or sexual orientation has no place in a free society.

Please join me in living Marin Community Clinics' values by defending and allying with those being targeted. I recommend checking in with friends, family members and colleagues that might be affected. Offer them your love and support. If you see something, say something and - as appropriate - do something (record it, call 911).

Below are a couple web sites with resources and more information that might be helpful in this work:

<https://www.aapicovid19.org/resources>

<https://anti-asianviolenceresources.carrd.co>

We are all in this together.

In solidarity,
Mitesh Popat, MD, MPH
Chief Executive Officer

Marin Community Clinics

Ethics and Integrity
Trust and Respect
Joy and Wellness
Sustainability and Resilience

Equity and Justice
Inclusivity and Diversity
Quality and Excellence
Collaboration and Innovation