



marin community clinics

***Are you uninsured?***

***Do you need to renew your health insurance or switch to a different one?***

***Do you have access to nutritious food?***

**Marin Community Clinics can help you obtain health insurance and nutritious food!**



Having health insurance allows you to receive medical care when you need it, it gives you access to preventive services and it protects you from high, unexpected costs in the event of a serious injury or illness.

Having access to nutritious food enables you to be mentally and physically well, have more energy and live a healthier and happier life.

**Ask to speak with one of our enrollment counselors today to be enrolled in Medi-Cal, a Covered CA plan or CalFresh or:**

- ◆ **Call: (415) 755-2586**
- ◆ **Email: [insurancehelp@marinclinic.org](mailto:insurancehelp@marinclinic.org)**

\*Medi-Cal enrollment is open year-round. \*You may qualify for Covered California when the enrollment period is closed if you have a life event such as marriage, new baby or have moved – please contact us for a complete list.