

# Novato Wellness Center



Novato Youth Center  
Protect • Nurture • Educate



## HIGHLIGHTS

### Novato Wellness Center

- Opened in 2006 with funding to provide a teen clinic offering reproductive health services, health education, mental health and substance abuse counseling
- Centrally located/accessible site (1767 Grant Avenue in shopping center by Lucky's)
- The only School-Based/School-Linked Health Center in Marin County
- Focus on early intervention and prevention-based services
- Provides culturally appropriate confidential services to youth and families
- Partner agencies rent space at NWC to provide different services on different days of the week (rental income helps us sustain the NWC program)
- NWC has become a cornerstone of access to services which were previously unavailable in Novato
- Outreach, including health information and information on accessing resources is provided to over 1400 youth annually
- Over 1000 individual teens received services at NWC in the first 3 years
- Over 500 dental visits annually
- Nutrition education and food vouchers provided for over 600 Novato families annually

### Based on the vision of the Novato Youth Wellness Collaborative

- An alliance of 12 organizations with NYC acting as the lead agency
- Mission to provide young people in Novato with a spectrum of accessible resources and opportunities that promote their well-being
- Youth development an integral component

If you have questions or would like to set a time to tour the NWC, please email Melissa Fike at [fikemelissa@gmail.com](mailto:fikemelissa@gmail.com).



Become a fan of the Novato Youth Center and find out more about the Novato Wellness Center!

# SCHEDULE OF SERVICES

## Monday Teen Wellness Clinic

Mondays 2pm-6pm

A drop in health clinic for youth ages 12 through 19

## Women, Infants and Children Program

(WIC – Provided by Marin County H & HS)

Mondays 8am-12pm

Fridays 8am-4:30pm

A nutrition program that helps pregnant women, new mothers and young children eat well and stay healthy

## Mental Health Services

(Provided by NYC)

Tuesday and Wednesday afternoons by appointment

Support for Novato teenagers

## Wednesday Dental Clinic

(Provided by H & HS)

Wednesdays 9am-3pm

Dental services for children and adults

## Rainbow's End

(Provided by Spectrum LGBT Center)

Wednesdays 6pm-7:30pm

Support group for Bisexual, Lesbian, Gay, Transgender and Questioning Youth ages 14 - 19

## Reproductive and Sexual Health Care Services

(Provided by Marin Community Clinics)

Tuesdays 8am-12pm

Thursdays 11am-7pm

Services for adults and for youth ages 12 and up

## Driving Under the Influence

(Provided by Bay Area Community Services)

Tuesday evenings and Saturday mornings

Weekly group for those cited for DUI